



PERSONAL TRAINING STUDIO
Unit 5c 16/24 Borec Road Penrith NSW 2750
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WHAT TO WEAR

Fit 4 All Obstacle Fun Zone is an outdoor venue with access to indoor area and change rooms. It is recommended that all participants are prepared for physical activity.

Foot ware – Sports shoes can be worn on inflatables, no boots if shoes are removed it is best without socks.

Clothing – Active wear is best e.g shorts and t-shirts so as not to create obstructions.

Change of Clothes – It is recommended that all participants bring a change of clothes and a towel. We provide change room facilities for participants to shower and change if required.

We operate the parties in most weather conditions so it is important that participants are dressed appropriately.